

SPORTS

★ Racquetball

The New Mexico Racquetball Association is holding the 2003 World Senior Racquetball Championships at the East Fitness Center, **Aug. 27-28.**

Games will be 8-11 a.m. and 1-6 p.m.

Game times allow a break during lunch so lunchtime users can have access to the courts.

Call 846-1102.

★ Night Hoops

The Youth Center is accepting registrations for the Operation Night Hoops Basketball League.

The league offers youth 13-18 years old the opportunity to play basketball and improve their athletic skills.

The sessions include discussions on drugs, alcohol and tobacco, the signing and reciting of a pledge to be drug-free and periodic workshops that address life skills issues.

Call Tyrone Griffin at 853-5437.

★ Big Guns Club

East Fitness Center has the Big Gun's Club phases 1 and 2.

To qualify for phase 1, men must be able to complete 75 military style push-ups, 20 military style pull-ups and benchpress 1.5 times their weight.

Women must be able to do 30 military style push-ups, 2 military style pull-ups and bench press their weight.

To qualify for phase 2, men must be able to do 50 military style dips, shoulderpress their body weight and preacher curl 65 percent of their body weight.

Women must be able to shoulder press 50 percent of body weight, do 25 military style dips and preacher curl 35 percent of body weight.

Call Staff Sgt. Barbara Dixon at 846-1102.

★ Lunch Crunch

The East Fitness Center has The Lunch Crunch, Mondays, Wednesdays and Fridays, 12:30-1 p.m.

The aerobics class focuses on abs, thighs and glutes.

Call Staff Sgt. Barbara Dixon at 846-1102.

★ Peak Challenge

The Peak Challenge is **tomorrow** at the base of the Sandia Peak ski area.

The event includes running, bicycle races, and hikes.

Proceeds benefit the New Mexico Cystic Fibrosis Foundation.

Get a registration form at the East Fitness Center or register online at www.active.com.

Call 846-1102.



Got it!

Goalkeeper, David Stonage blocks a shot during tryouts for a Kirtland AFB soccer team. The team will play in the Albuquerque Adult Soccer League. The base has two teams, a co-ed team and a men's team. Tryouts were at Bullhead Park. Games begin Sept. 7.

Photo by Dennis Carlson

SERVICES

★ Enlisted lounge

The Enlisted Lounge naming contest closed Aug. 15.

With over 100 name ideas received, the selection committee's work has begun.

Watch for updates in the Nucleus for the new name of the enlisted lounge.

In an effort to decorate the lounge in a sports theme, the committee is taking up a collection of sports gear, equipment and team jerseys. To donate items, contact Chief Master Sgt. Ron Roy,

ronald.roy@afotec.af.mil,
846-5234.

Property not used will be returned or donated to charity.

★ Gourmet night

Multiple course meal and pleasant background music are part of the gourmet night at Mountain View Club, **Aug. 29**. Social begins at 6:30 p.m., followed by dinner at 7 p.m.

The menu is charred lobster tail with ancho cream sauce, pea soup with smoked

shredded pork, lemon sorbet with raspberry cream, safron chicken with shrimp sauce and herb crusted veal chop with mushroom au jus, and grilled eggplant with tomatoes over Murrillo salad. Dessert is raspberry mousse cake.

Make reservations at 856-5165.

★ Club drive

The theme for this year's club membership drive is "Travel the World on Us". Drive runs through **Oct. 31**.

Many prizes will be awarded Air Force wide; including travel vouchers to be used at Information, Tickets and Travel,

Drawings are the week of **Nov. 17**.

Get a club application at Mountain View Club or call 846-1467.

★ NAF Sale

A Non Appropriated Funds sale is **today** and **tomorrow**, 8 a.m.-3 p.m. in Building 20340. The sale is open to E-1 to E-4s and their families, **Aug. 23**, 8-9 a.m., all military, 9-10 a.m. and to all base personnel, 10 a.m.-3 p.m.

Items include file cabinets, tables, chairs, couches, televisions etc. Call 846-0405.

★ Skills classes

For information about classes offered at the Skills Development Center, call 846-1070.

Classes offered:

One-Stroke Painting

Watermelon and blueberry terra cotta pot, **Aug. 27**, 6-9 p.m., \$25

Advanced Internet Use

Aug. 25, 9 a.m.-1 p.m., \$56.

Intro. to Powerpoint

Aug. 26 and 28, 9 a.m.-12 p.m., \$46.

Basic Internet Use

Aug. 28, 9 a.m.-1 p.m., \$46.